

### Scale Description

This scale assesses people's feelings of relatedness at work. It contains 10 items, 5 for each of 2 dimensions of acceptance and intimacy. Each item is assessed on a 7-point scale. One should note that it is possible to use this scale in different life domains or in life in general. One then only needs to replace work by the appropriate dimension (school, sport, etc.).

### References

Richer, S., & Vallerand, R.J. Construction et validation de l'Échelle du sentiment d'appartenance sociale en milieu de travail. Communication présentée lors du congrès annuel de la SQRP, Ottawa, ON, 27-29 octobre 1995.

## The Need for Relatedness Scale (NRS-10)

Sylvie Richer & Robert J. Vallerand (1996).

---

Here is a list of statements about what you may feel towards your work colleagues. Please indicate to what extent you agree with each of the following items.

Do not agree at all 1	Very Slightly agree 2	Slightly agree 3	Moderately agree 4	Agree 5	Strongly agree 6	Very Strongly agree 7
-----------------------------	-----------------------------	------------------------	--------------------------	------------	------------------------	-----------------------------

In my relationships with my work colleagues, I feel ...

1. ... supported.	1	2	3	4	5	6	7
2. ... close to them.	1	2	3	4	5	6	7
3. ... understood.	1	2	3	4	5	6	7
4. ... attached to them.	1	2	3	4	5	6	7
5. ... listened to.	1	2	3	4	5	6	7
6. ... bonded to them.	1	2	3	4	5	6	7
7. ... valued.	1	2	3	4	5	6	7
8. ... close-knit.	1	2	3	4	5	6	7
9. ... safe.	1	2	3	4	5	6	7
10. ... as a friend.	1	2	3	4	5	6	7

---

**Acceptance: 1, 3, 5, 7, 9**

**Intimacy: 2, 4, 6, 8, 10**

**Richer, S.F., & Vallerand, R.J. (1998). Construction et validation de l'Échelle du sentiment d'appartenance sociale. Revue européenne de psychologie appliquée, 48, 129-137.**

Note: To use this scale you require only to mention the complete reference data.

Thank you for your interest.

Good luck in your research.