

**CANADA RESEARCH CHAIR IN MOTIVATIONAL PROCESSES  
AND OPTIMAL FUNCTIONING**  
**Lecture Series**

*Wednesday, November 20th 2019, 12:30 – 2:00 pm*  
*Pavillon Adrien-Pinard, SU-1550*  
*100 Sherbrooke West, Montreal (Quebec), H2X 3P2*  
*A wine and cheese will follow, SU-R310*

# THE CAUSES AND CONSEQUENCES OF ACCURATE INTERPERSONAL IMPRESSIONS



## Lauren Human, Ph.D.

Assistant Professor, McGill University

Dr. Lauren Human is an Assistant Professor and Canada Research Chair in Social Perception and Expression. Dr. Human has been named an Association for Psychological Science Rising Star and is a recipient of the SAGE Young Scholar Award. Human's research, funded by the Social Sciences and Humanities Research Council and the Fonds de Recherche du Québec – Société et Culture, examines the accuracy of interpersonal impressions, such as how well people understand one another's personalities, emotions, and daily experiences. Her work examines a range of relationship contexts, from first impressions to parent-child dyads, and takes a multi-method approach, integrating real-world naturalistic and experimental designs. In her talk, Dr. Human will discuss how indicators of biopsychosocial functioning relate to how accurately we perceive and are perceived by others. Specifically, she will present work demonstrating that psychological well-being and social engagement can enhance accuracy, and that accuracy may in turn influence relationship development, well-being, and biological processes related to health, such as inflammatory profiles.

### **2019-2020 CRC Lectures To Come**

Wednesday, January 22nd, 2020

**Frédéric Guay, Ph.D.**

Université Laval

*"La théorie de l'autodétermination et le développement du plein potentiel : Freins et leviers."*

Wednesday, April 15th, 2020

**Emily Balcetis, Ph.D.**

New York University

*"Focused and Fired Up : Motivated Visual Perception and The Self-Regulation of Exercise Behavior."*

### **Past Lectures**

Wednesday, September 18th, 2019

**Rex Wright, Ph.D.**

University of North Texas

*"Fatigue Influence on Inhibitor Control."*

*In collaboration with the Research Laboratory on Social Behavior, directed by  
Robert J. Vallerand, Ph.D.*

*Professor, Department of psychology, Université du Québec à Montréal*

<http://www.lrcs.uqam.ca/en/home/>