

Scale Description

This scale assesses the two types of passion: Obsessive and harmonious passion. There are 6 items for each of the two passion subscales assessed on a 7-point scale. In addition, there are 5 other items used to identify if passion is present in the individual (passion criteria).

References

Vallerand, R.J., Blanchard, C.M., Mageau, G.A., Koestner, R., Ratelle, C., Léonard, M., Gagné, M., & Marsolais, J. (2003). Les passions de l'âme: On obsessive and harmonious passion. *Journal of Personality and Social Psychology, 85*, 756-76

MY FAVORITE ACTIVITY

Describe an activity that you like, that is important for you, and in which you spend a significant amount of time.

My favorite activity is: _____

While thinking of your favorite activity and using the scale below, please indicate your level of agreement with each item.

Not Agree at All 1	Very Slightly Agree 2	Slightly Agree 3	Moderately Agree 4	Mostly Agree 5	Strongly Agree 6	Very Strongly Agree 7
1. This activity is in harmony with the other activities in my life.	1	2	3	4	5	6 7
2. I have difficulties controlling my urge to do my activity.	1	2	3	4	5	6 7
3. The new things that I discover with this activity allow me to appreciate it even more.	1	2	3	4	5	6 7
4. I have almost an obsessive feeling for this activity.	1	2	3	4	5	6 7
5. This activity reflects the qualities I like about myself.	1	2	3	4	5	6 7
6. This activity allows me to live a variety of experiences.	1	2	3	4	5	6 7
7. This activity is the only thing that really turns me on.	1	2	3	4	5	6 7
8. My activity is well integrated in my life.	1	2	3	4	5	6 7
9. If I could, I would only do my activity.	1	2	3	4	5	6 7
10. My activity is in harmony with other things that are part of me.	1	2	3	4	5	6 7
11. This activity is so exciting that I sometimes lose control over it.	1	2	3	4	5	6 7
12. I have the impression that my activity controls me.	1	2	3	4	5	6 7
13. I spend a lot of time doing this activity.	1	2	3	4	5	6 7
14. I love this activity.	1	2	3	4	5	6 7
15. This activity is important for me.	1	2	3	4	5	6 7
16. This activity is a passion for me.	1	2	3	4	5	6 7
17. This activity is part of who I am	1	2	3	4	5	6 7

CODIFICATION

2, 4, 7, 9, 11, 12
1, 3, 5, 6, 8, 10
13 à 17

Obsessive Passion
Harmonious Passion
Passion Criteria