

MY FAVORITE SPORT

My favorite sport is: _____

While thinking of your favorite sport and using the scale below, please indicate your level of agreement with each item.

Not Agree at All 1	Very Slightly Agree 2	Slightly Agree 3	Moderately Agree 4	Mostly Agree 5	Strongly Agree 6	Very Strongly Agree 7
1. My sport is in harmony with the other activities in my life.	1	2	3	4	5	6 7
2. I have difficulties controlling my urge to do my sport.	1	2	3	4	5	6 7
3. The new things that I discover with my sport allow me to appreciate it even more.	1	2	3	4	5	6 7
4. I have almost an obsessive feeling for my sport.	1	2	3	4	5	6 7
5. My sport reflects the qualities I like about myself.	1	2	3	4	5	6 7
6. My sport allows me to live a variety of experiences.	1	2	3	4	5	6 7
7. My sport is the only thing that really turns me on.	1	2	3	4	5	6 7
8. My sport is well integrated in my life.	1	2	3	4	5	6 7
9. If I could, I would only do my sport.	1	2	3	4	5	6 7
10. My sport is in harmony with other things that are part of me.	1	2	3	4	5	6 7
11. My sport is so exciting that I sometimes lose control over it.	1	2	3	4	5	6 7
12. I have the impression that my sport controls me.	1	2	3	4	5	6 7
13. I spend a lot of time doing my sport.	1	2	3	4	5	6 7
14. I love my sport.	1	2	3	4	5	6 7
15. My sport is important for me.	1	2	3	4	5	6 7
16. My sport is a passion for me.	1	2	3	4	5	6 7
17. My sport is part of who I am.	1	2	3	4	5	6 7

CODIFICATION

2, 4, 7, 9, 11, 12
1, 3, 5, 6, 8, 10
13 à 17

Obsessive Passion
Harmonious Passion
Passion Criteria